



Our 2021 goal is to put kids back on the field to enjoy the sports of softball and baseball in the safest manner possible so that we are not spreading the COVID19 virus and endangering others.

The following procedures have been instituted to comply with local health department regulations, FCPR, Little League® and for the wellness of players, coaches, volunteers and parents.

Spring 2021 Covid Safety Protocol:

FCNLL will distribute a notification to all parents outlining league and CDC guidelines.

FCNLL will provide one face covering for each child, manager/coach & team parent. If lost, there will be a fee to replace or the individual will be required to provide their own. The league will also provide latex gloves, hand sanitizer and cleaning supplies to properly maintain sanitization during all team activities.

Face coverings will be required to be worn in certain circumstances by players, coaches, umpires, when not able to properly social distance. While players, coaches are in the dugout a face covering must be worn at all time. In addition, a face cover is encouraged when in close proximity of other players/coaches etc. If managers/coaches/parents cannot comply with face covering guidelines, they may be asked to step down as a volunteer.

Parents/Fans will be requested not to congregate around the dugouts/backstop areas. Spectators will also need to remain properly distanced and not gather in large groups.

Each team will enlist a parents/volunteers to be the lead on COVID19 prevention/precaution for their team. These elected person(s) must be an approved league volunteer and may enter the dugout to help children with face coverings, hand sanitizer, injuries, etc.

Players will not be allowed to share equipment. If there is a need to share, proper precautions and sanitization of the equipment must be taken between each use.

The coaches and umpires meeting prior to games will be done with proper distancing and there will be no handshaking or contact.

At the conclusion of each game, there will be no handshaking. Each team will line up on the field outside of their respective dugout/gate and recognize the other team through a tip of the cap/visor, applause of other respectful means.

No sunflower seeds or gum chewing allowed.



Teams will be required to have disinfecting spray, hand sanitizer and spare masks on them at all times.

There will be a strict 15-minute window between games/practices to give the outgoing team time to vacate the dugout, wipe area down before allowing oncoming team to settle in prior to practice.

If dugouts are not needed for practices, it is encouraged that players hang their bags on the fence 6' apart to keep from being in close contact. There may be times in games/practices when we ask teams to set up outside of the dugout to practice better social distancing.

If a coach, player or family member is ill or shows symptoms linked to COVID19, the player should not report to practice or game. The parent will need to notify the manager of their respective team. If there is a positive test for a coach, child or family member, they should not attend practice or game and the manager must be notified immediately. The manager will then contact a member of the FCNLL Board of Directors to discuss further steps.

If notified regarding a positive test, the BOD will follow the guidelines set forth by the CDC and the State of Virginia. Response protocol will be followed strictly.

FCNLL players, coaches and parents will need to comply with other surrounding leagues Covid Protocol when participating in interleague play in addition to those listed above.

* FCNLL will also be required to follow guidelines and restrictions put in place by FCPR when using the fields and facilities at Sherando Park. These may differ than those listed above.

** As with other COVID19 related situations, there may be rule/guideline changes throughout the season. If those arise, the league will communicate them out appropriately.